


TRIPLE EIGHT SIZING GUIDE

	Junior / X-Small	Small	Medium	Large	X-Large	XX-Large
Brainsaver & Sweatsaver Helmets <i>(circumference of head starting at middle of forehead)</i>	20.1 – 20.5" (51-52cm)	20.6 – 21.3" (52-54cm)	21.4 – 22" (54-56cm)	22.1 – 22.9" (56-58cm)	23 – 24" (58-60cm)	24 -25" (60-62cm)
Dual Certified Helmets <i>(circumference of head starting at middle of forehead)</i>	X-Small / Small 18.9 – 21.3" (48-54cm)		Small / Medium 21.7 – 22.8" (55cm-58cm)		Large / X-Large 23.2 – 24" (59-61cm)	
Knee Pads <i>(circumference of extended knee)</i>	11 – 12.5" (28-32cm)	12.5 – 14.5" (32-36cm)	14.5 – 16" (36-40cm)	16 – 17" (40-44cm)	17 – 19.5" (44-50cm)	
Knee Gaskets <i>(circumference of extended knee)</i>		12.5 -14.5" (32 – 36cm)	14.5 -16" (36 – 40cm)	16 – 17" (40 – 44cm)	17 – 19.5" (44 – 50cm)	
Wrist Guards <i>(circumference of knuckles)</i>	7.0 – 7.5"	7.5 – 8.0"	8.0 – 9.0"	9.0 – 10.0"		
Elbow Pads <i>(circumference of elbow with arm outstretched)</i>	5 – 6"	6 – 8"	8 – 10"	10 – 12"	12 – 14"	
RD Bumsavers <i>(circumference of waist)</i>		26 – 30"	29 – 33"	32 – 38"	36 – 42"	